

# WHY DO THE 14 DAY RESET?

featuring *NingXia Red*

Check out Brigitte's results:



She had a spinal injury and could hardly move.  
**If she can do it, so can you!**

*Here's what you'll do:*

- Drink water
- 30 min. daily movement - your way
- We help you choose a healthy nutrition plan that fits your lifestyle
- Drink NingXia Red every day

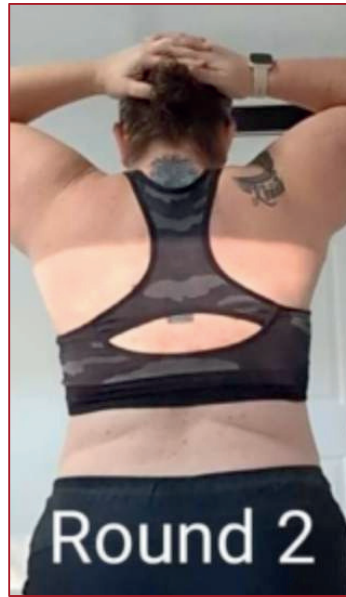
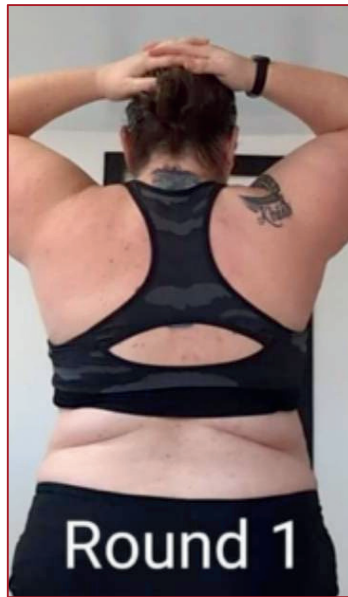
*it's  
this  
easy!*

# WHY DO THE 14 DAY RESET?

featuring

## *NingXia Red*

Check out Tammy's results:



She was in an emotional desert and thought this was where her story ended.

She was wrong. **If she can do it, so can you!**

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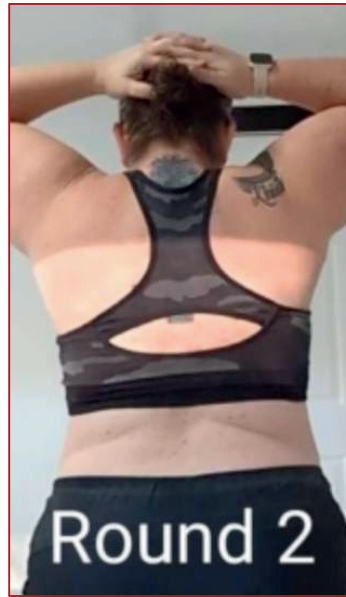
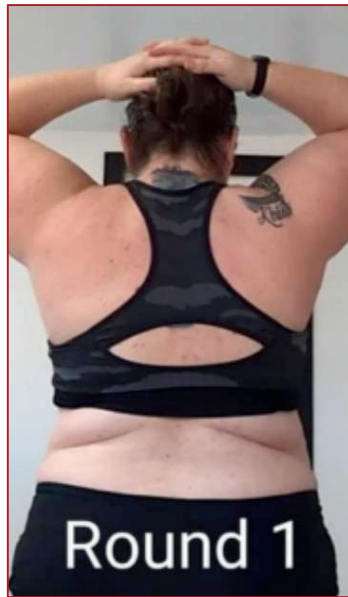
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easy!*

# WHY DO THE 14 DAY RESET?

featuring

*NingXia Red*

Check out my results:



I was in an emotional desert and thought this was where my story ended. I was wrong. **If I can do it, so can you!**

*Here's what you'll do:*

- Drink water
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*it's  
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# More Stories!



“More energy, better sleep, less stress, and more. Down 26 lbs, down 2-3 clothes sizes, and feeling so much better overall.

This reset has truly been life-changing for me.”

- Lori

## Trends

### Blood Glucose

On average, your blood glucose decreased over the last 5 days.



“My inflammation is gone and haven’t slept this good in years!”

- Tosha

“I’ve lost inflammation, water weight, my sugar cravings & my CATARACTS!”

- Kathy D.

“Day 7 & I lost 4 lbs this first week of the challenge and I have significantly lowered my fasting blood sugar. Praise God!”

- Michelle

“I feel amazing! I am down 10 lbs and brain fog is totally gone! My energy is up too!”

-Sheila P.



“I completed 5 consecutive Resets from September 2023 through January 2024. I shed 32 lbs and 44 inches. I am 64 years old. I have much more energy, my skin is clearer, sleep is better, and no more night sweats. I can actually run now! I love what the Reset does for the body.”

- Carolyn M.